

WHAT CAN YOUR DOLLAR DO

in the Greater Capital Region



UNITED WAY
Greater Capital Region

\$5 A PAY CHECK = \$130 PER YEAR



Provides a child a **free book mailed** to their home each month



Helps provide ongoing **mental health services** for teens



Provides a child a **free lunch** during the summer months



Helps provide essential **baby items to parents** in need

\$25 A PAY CHECK = \$650 PER YEAR



Provides **sustainable food solutions** for struggling families



Provides **free tutoring** for grades 1-5



Helps provide **transportation services** in underserved parts of our community



Helps secure **affordable housing** for low-income families

From strengthening local resilience to advancing health, youth opportunity, and financial security, United Way is mobilizing communities to action so all can thrive.

unitedwaygcr.org