



UNITED WAY OF THE GREATER CAPITAL REGION

# WOMEN UNITED®

## JOIN US at Women United's Signature Events

## We are WOMEN UNITED

Women United is a group of energetic, passionate, and philanthropic women empowered by UWGCR to make a true impact in our community. We mobilize change by investing in, advocating for, and creating programs with a mission to drive equity and excellence for all women and children.

## Women United 2023 Premier Partner Capital Region Menstrual Health



Through Women United's signature event, Perfect Pitch in December 2022, Capital Region Menstrual Health (CRMH) received a \$10,000 grant from UWGCR and was named the Women United 2023 Premier Partner. As an initiative of Cornell Cooperative Extension, CRMH works to increase period equity by promoting the health and well-being of individuals who menstruate in our area, bringing period products directly into under-resourced communities through a network of established and trusted community-based organizations.

## Get Involved with Women United



### Advocacy Committee

Champion improving policies directly affecting women and their families.



### Nonprofit Partnership Committee

Partner each year with the winner of Perfect Pitch and work with the nonprofit to learn how we can best support its mission and efforts to improve our community.



### Experience & Events Committee

Take a lead role in the coordination of Women United events including Perfect Pitch, International Women's Day and United Way's 518 Day Community Celebration.

### MARCH 8 INTERNATIONAL WOMENS DAY

A global holiday celebrating the social, economic, cultural, and political achievements of women.

### MAY 18 518 DAY STUFF THE BUS

Volunteer with your peers as we "Stuff the Bus" and provide valuable support to new Capital Region moms through our Community Baby Shower.

### JULY 21 SUMMER SOIREE

Our most successful recruitment event! A time to honor our accomplishments so far and look forward to the rest of the year.

### DECEMBER 6 PERFECT PITCH

A "Shark Tank-style" competition where local agencies "pitch" an innovative idea enhancing their organization for a chance at a \$10,000 grant.



## LEADING THE CHARGE. INSPIRING THE CHANGE.

Learn more at [unitedwaygcr.org/women-unique](https://unitedwaygcr.org/women-unique)  
Contact us at [WomenUnited@unitedwaygcr.org](mailto:WomenUnited@unitedwaygcr.org)